Text check

For a message you keep rereading, or a reply that hasn't come.

What the message says, word for word (or "no reply yet")

What I'm reading into it

Other readings that fit the same words (at least two)

The gap: how long, and what I'm telling myself it means

What I'd tell a friend who showed me this message

What I actually need now

Closing it: ☐ reply once ☐ wait until ____ : ____ ☐ ask one direct question